

Waiver and Release of All Claims

Bartlett Lions Labor Day Dash 5K/10K and Kids & Family Dash

I know that running and/or walking a road race is a potentially hazardous activity. I should not enter the run or walk unless I am medically able and properly trained. As a participant, I recognize and acknowledge there are certain risks associated with this event, including, but not limited to falls, contact with other participants, the effect of weather including high heat and/or humidity, traffic, and the condition of the course. I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating in the race. I agree to waive and relinquish all claims I may have as a result of participating in the race against the Bartlett Lion's Club, Lions International, and its officers, agents, servants, volunteers, and employees. I do hereby fully release and discharge the Bartlett Lion's Club and Lions International from any and all claims from injuries, including death, damage or loss which I may have or which may occur to me on account of my participation in this race. I understand that my photo may be taken while participating in this event and may be used now or in the future for community advertisement promotional purposes.

Signed waiver necessary for registration.

Participant's Name _____

Participant or Parent/Guardian Signature _____

Date _____

PUT YOUR SPONSORSHIP INFORMATION HERE

PLATINUM

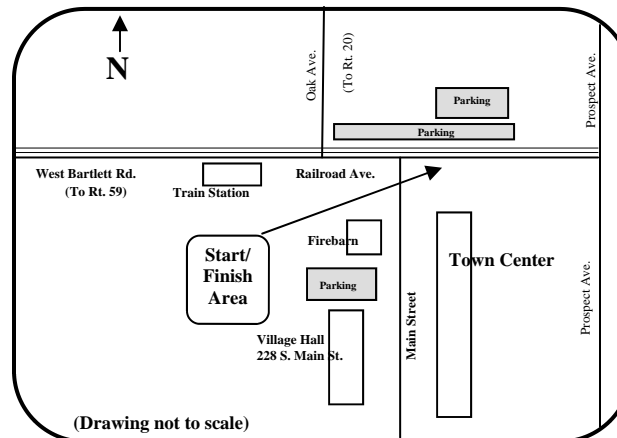
GOLD

SILVER

BRONZE

SNEAKER

Interested in sponsoring
this great community event?
Visit us at
www.bartlettlions.org
for more information
or call us at 630.375.7157.



Bartlett Lions Labor Day Dash

5K/10K Run/Walk and
Kids & Family Fun Dash

Sunday, September 6, 2009
8:00 am
Bartlett Town Center
Main Street, Bartlett



Bartlett Lions Club
PO Box 8049
Bartlett, IL 60103
630.375.7157
www.bartlettlions.org

Bartlett Lions Labor Day Dash Sunday, September 6, 2009

About This Event

The Bartlett Lions are proud to present the Labor Day Dash 5K/10K and the Kids & Family Dash. The Dash has quickly become a regional Labor Day weekend tradition drawing runners and walkers from all over Chicagoland. The races start and finish in the Town Center across from Village Hall and will take runners and walkers through the lovely, tree-lined streets of Bartlett. Funds raised are used by the Bartlett Lions to help those in need in the community.

Course

The course will be fast, flat, and fun. Specific details regarding the course will be available on our website: www.bartlettlions.org and maps will be available on race day.

Parking

Participants and spectators may park in the Village Hall Municipal Lot on Main Street or just across the tracks in the commuter lot.

Awards

Awards will be presented to the top three overall male and female winners plus the top three male and female runners in the following age groups: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 and older, for both the 5K and 10K events. Awards for the top overall male and female *walkers* in the 5K event will also be given. The awards will be presented after the finish of the Kids & Family Dash. Participation ribbons will be given to all those that complete the Kids & Family Dash.

RACE DAY SCHEDULE

Event Times

5K & 10K Start	8:00 am
Kids & Family Dash (approx)	9:15 am
Awards (approx)	9:30 am

Register on-line
www.active.com

Mail registration
Bartlett Lions Club
P.O. Box 8049
Bartlett, IL 60103

Race Day Registration

Race Day 6:45 am to 7:45 am

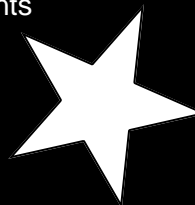
Packet Pick-up

Participants have the option of picking up their race number and goody bag at our Pre-Race Packet Pick-up on Thursday 9/3, Friday 9/4 or Saturday 9/5 at Dick Pond Athletics 26W515 St. Charles Rd., Unit A, Carol Stream, IL.

T-Shirts

TECHNICAL DRY-FIT RUNNING SHIRTS!

All pre-registered participants guaranteed a dry-fit shirt in their requested size. Tech shirts by availability on race day.



Questions

Contact Lion Kris Gabrenya at 630.375.7157.

Labor Day Dash Mail-in Registration

Name _____
Address _____
City _____ Zip _____
Phone _____
Age _____ Gender _____
E-mail _____

T-shirt size (please circle)

Youth: S M L
Adult: M L XL 2X

Fees (before 9/1/09)

Check One

_____ Male 5K Run	\$20.00
_____ Female 5K Run	\$20.00
_____ Male 10K Run	\$20.00
_____ Female 10K Run	\$20.00
_____ Male 5K Walk	\$20.00
_____ Female 5K Walk	\$20.00
_____ Kids/Family 3-5 yr old	\$10.00
_____ Kids/Family 5-10 yr old	\$10.00

(Add \$5.00 after 9/1/09)

_____ Voluntary Donation \$ _____

Please make checks payable and mail to:

Bartlett Lions Club
Attn: Labor Day Dash
PO Box 8049
Bartlett, IL 60103

**Signed waiver on reverse of this
form necessary for registration.**